



Academy of Face Design  
Non-Invasive Cosmetic Treatments  
London, United Kingdom

# FOUNDATION PROGRAMME

## Day 1

### **BOTULINUM TOXIN**

- What is botulinum toxin (BTx-A)?
- Types of Toxins
- Indications & Contraindications
- Anatomy of the face
- Injecting the upper facial third—artistic and creative approach
- Complications and how to avoid them
- Consultation and facial assessment
- Dealing with patient expectations
- Questions & Answers
- Hands-on: BTx-A for upper facial third
  - Forehead
  - Glabella
  - Crow's feet
- Aftercare
- Putting into practice

## Day 2

### **DERMAL FILLERS**

- What are dermal fillers?
- Why we use dermal fillers?
- Anatomy of the face & structure of the skin
- Indications & contraindications
- Possible complications and how to avoid them
- Consultation & facial assessment
- Beauty— Artistic and creative approach
- Fillers to rejuvenate, reshape and restore
- Injection techniques
- Pain management
- How to combine BTx-A and fillers
- Questions & Answers
- Hands-on: Dermal filler for lower face
  - Lips
  - Marionette lines
  - Nasolabial folds

# ADVANCED PROGRAMME

## Day 1

### **BOTULINUM TOXIN**

- What is botulinum toxin (BTx-A)?
- Types of Toxin and indications
- Anatomy of the face
- Complications and how to avoid them in the upper, middle and lower facial thirds
- Forehead, crow's-feet - complications and management
- Gummy smile complications and management
- Nefertiti lift with BTx-A
- BTx-A for therapy
- Questions & Answers
- Hands-on :
  - BTx-A for upper facial third
  - BTx-A for middle facial third
  - BTx-A for lower facial third
  - Gummy smile
  - Masseter facial slimming
  - Bruxism

## Day 2

### **ENHANCEMENT & REJUVENATION WITH DERMAL FILLERS**

- Injection techniques, filler types and classification
- Cannula vs. needle
- Complications, how to prevent and how to deal with them
- Artistic approach to injecting mid-face
- Injecting into temporal area, temple augmentation
- Injectables cross-over with energy-based machines
- Shaping a «killer jaw»
- Questions & Answers
- Hands-on:
  - Injecting mid face, lower face
  - Temporal augmentation
  - Cheek augmentation
  - Tear trough area
  - Lip enhancement

# ENHANCEMENT & REJUVENATION



**Dr. Ivona Igerc**

**DMD, Aesthetics**

Dr. Ivona Igerc is a distinguished expert with over a decade of experience in cosmetic dentistry and aesthetic medicine. She is based in Hong Kong and teaches in South East Asia and Europe. She lectured at a number of international conferences and organised workshops and seminars to train medical professionals in the field of anti-ageing and aesthetic medicine. She published a book “Face”, developed a face cream IvyNano and as an opinion leader worked on development of several medical devices. She is also involved in aesthetic applications with adipose-derived stem cells.

For more information please visit [www.academyoffacedesign.uk](http://www.academyoffacedesign.uk)

## Courses in minimally invasive and anti-ageing medicine for medical and dental professionals.

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## AFD COURSES INCLUDE:

- Theory & Practical sessions on how to deliver bespoke, artistic and personalised aesthetic treatments
- Coffee, refreshments & lunch
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- Insurance for each course included
- Advice & post-course support and consultation

*Below fees do not include airfares, hotel accommodation or airport transfers.*

Price: **£1.200,00**

### Contact:

Academy of Face Design

[www.academyoffacedesign.uk](http://www.academyoffacedesign.uk)

academyoffacedesign@gmail.com

07593967586

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